

Tips for Monitoring Student Progress and Celebrating Success



Use EmpowerU as a touchpoint to connect with your student and keep them engaged throughout the course!

Monitor Student Progress

Check your EmpowerU Dashboard each week to monitor student progress—track each student's lesson completion and course progress on your dashboard. If a student is behind, email them or catch them in the hall – encourage them to keep going! Review weekly messages from your student's EmpowerU Coach on your dashboard. Reply and communicate under “Coaching Comments” to collaborate and problem-solve together.

Bookmark this link:



Login to your dashboard at myempoweru.com.
Your username is your school issued email address.

Ongoing Student Check-ins

Use EmpowerU as a touchpoint during your check-and-connect time and reinforce key course concepts:

- What have you learned so far that you can apply to your life right now?
- Which calming strategy do you like best?
- How are you working towards your goals?
- Have you started building a strong Inner Coach?
- Is there any feedback you've gotten from your EmpowerU Coach that has been especially helpful that you'd like to share?

Celebrate Success!

You will receive a final grade report when each student has completed EmpowerU. This data report will highlight each student's pre-to-post progress on goals and their feedback on wellbeing and the course overall.

- You, the student, and their EmpowerU coach are copied on this report – celebrate their success!
- Use the data in the report to ensure the student has received the support and intervention they need – 90% of students do not require higher intervention.