

# Best Practices for Student Success



*How a student starts EmpowerU is a predictor of their success in the course. The more buy-in and the clearer the expectations from the start, the more engaged and successful a student will be!*

## Make a Plan With Your Student

- Identify when and where your student will complete their 2-3 EmpowerU lessons each week.
- Lessons are short and intended to be completed independently.
- Students can utilize lunch, advisory, intervention, or free time.
- Good locations for lesson completion include the media center, nurse's office or another place where attendance is taken.
- Map out a schedule for lesson completion to help the student stay on track. Write it down and agree.

SCAN ME

Print this "My EmpowerU Plan" card and share the plan with their teachers



## Assist With First Lesson, If Needed

If the student is in elementary or middle school, help them login to EmpowerU for the first time and get them started. Be available to help with any questions for the first lesson and support them in responding to their coach's first feedback. After that, students should complete lessons independently.

## Determine Student Support Needs

EmpowerU provides accessibility features for students:

- Speech to text: helps students answer questions by allowing them to record their answers and convert them to text.
- Text to speech: helps students who may need assistance with reading by playing the text at a push of a button.
- Language translation: students can pick their preferred language. If you don't see one available, please reach out to [success@empoweru.education](mailto:success@empoweru.education)

You can request these accommodations via the EmpowerU portal when enrolling students.

## Schedule a Check-in and Make It Fun!

Set a time to check in to see how progress is going. Include something fun to help motivate the student (i.e. a cup of tea, a game they like to play, calling them down during a specific time of day). Use this time to check in and ask them how things are going in EmpowerU!

*A Reminder: Let us do the heavy lifting! This course was designed for students to do independently – at their grade level with support from EmpowerU. They can do it. We recommend that students do not complete their lessons in your office with you – our goal is to lighten your load and build capacity for you to support more students. It works!*