

empowerU

SUMMER PROGRAMS



Improve student wellbeing,
motivation and resilience for
the upcoming school year

SUMMER RESET

HELPING STUDENTS FEEL BETTER. DO BETTER. LEARN BETTER.

Summer is a great time to support students that struggle not just with academics, but also with self-doubt, confidence, anxiety, focus and self-regulation.

EmpowerU's summer programming is student-centered and proven to help learners reset for the upcoming school year -- improving confidence, resilience and motivation.

We offer summer programs for students (PreK - 12) and educators that are easy to implement, flexible to fit into a variety of summer models, and effective in driving measurable outcomes.



WHY SUMMER?

- **Time:** Students have an identified time and place to focus on their self-improvement outside of the pressures of a busy school year.
- **Turnkey:** Plug and play lessons are portable and ensure consistent program delivery in the face of ever-changing summer staffing.
- **Personalized:** No other program offers schools the option to add embedded 1:1 student coaching by online EmpowerU Instructors.
- **Data:** This highly personalized support helps student's apply concepts to their challenges, fueling data-driven behavior change.
- **Easy to Implement:** Staff training is comprehensive, asynchronous, and straightforward.
- **Flexible structure.** Flexible programs integrate into any summer structure - often a welcome time for students to focus on their goals and self-improvement in between academics.
- **Funding available.** Specific funding for summer programs can be used for EmpowerU. Ask us how!



TIERED PROGRAMS THAT FILL GAPS

Improve Student Motivation, Behavior, and Mental Health

SUPPORTED PROGRAMS - TIER 2/3

CASEL-aligned Lessons Supported by EmpowerU Instructors

Elementary - Secondary - Educator

EmpowerU is the only program that delivers age-banded skill building digital lessons with embedded 1:1 student support in one easy-to-implement solution. Proven to drive outcomes, our Tier 2 programs deliver daily doses of content combined with highly personalized and robust coaching from EmpowerU instructors. This innovative approach helps each student apply key concepts to their goals and challenges, empowering them to make small daily changes that add up to lasting progress.



UNIVERSAL CLASSROOM - TIER 1

Teacher-Led or Digital Classroom Lessons & Support

Family Engagement - Elementary - Secondary - Educator

Our universal classroom lessons go beyond teaching students vital CASEL-aligned concepts by helping them apply concepts to their goals. With options for both teacher-led classroom plug-and-play lessons (K-12), and independent digital online student lessons embedded into homeroom or advisory (6-12), students learn to manage thoughts, emotions and behaviors so they are ready to engage, learn and create positive personal change.

ALL EMPOWERU PROGRAMS ARE

- Easy to implement, without burdening existing staff
- Equitable and affordable
- Evidence-based with per student data pre to post
- Effective in driving measurable outcomes
- Easy to fit into existing MTSS frameworks
- Accommodating with options for text to speech and multiple languages

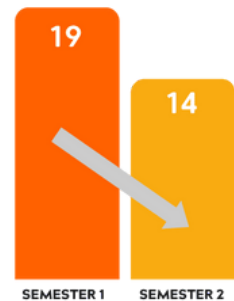
RESULTS

DISCIPLINE
REFERRALS
↓32%

GPA Increase



Absence Decrease



EVERY SCHOOL IS UNIQUE

We customize Tier 1 and 2 solutions for every school.

Schedule a meeting to discuss the best delivery option for your school.

